PARUL UNIVERSITY

JAWAHARLAL NEHRU HOMOEOPATHIC MEDICAL COLLEGE

Report- National Seminar on Homoeopathy

"Homoeopathy in Cardiology"

Speaker: Dr. Aadil Chimthanawala

DATE: 10 June 2018

TIME: - 10 am to 5 pm

PLACE: Central Auditorium, Parul University

CLASS: First Year to Fourth Year, Internees & PG Scholars

NUMBER OF STUDENTS: 550

On 10th June 2018 Faculty of Homeopathy, Parul University has arranged a National level Homeopathic seminar on the topic "Homoeopathy in Cardiology" the speaker for the day was <u>Dr. Aadil Chimthanawala</u>. He has done his MBBS & DM (Cardiology) & then completed his BHMS MD from Dr. BAM University from Aurangabad (MH). He is practicing homoeopathy in cardiology since last 15 - 20 years. His is an internationally acknowledged speaker & has written many books on homoeopathy. He has been honoured with many prestigious awards from different countries across the globe & has many articles, paper presentations to his credit.

The entire event was supported by HMAI Vadodara Unit & Swanirbhar Homoeopathic Medical College Sanchalak Mahamandal Gujarat State. Students from various colleges across the length & breadth of Gujarat have grabbed this opportunity & remained present for the seminar. The organising committee was fortunate to have President of Parul University as the Chief Guest for the function & President of HMAI Vadodara unit as the Guest of Honour. The patrons from various homoeopathic colleges of Vadodara city have also come for this seminar.

The inaugural ceremony for the seminar began at 9. 00 am with National Anthem which was followed by a welcome speech by Dr. Poorav Desai (Dean- Faculty of Homoeopathy, Parul University). It was followed by Lamp Lightening session & a very motivational talk by the Dr. Devanshu Patel (President of Parul University). The Provost of University Dr. M.N. Patel has also conveyed his best wishes for this event & wished a great success. It was followed by Felicitation of Speaker by the auspicious hands of President of Parul University. Dr. B. P. Panda (Principal PIHR) gave vote of thanks on this occasion.

After inaugural ceremony the first scientific session of seminar has started. Dr. Chimthanawala has covered many of the theoretical topics in this session. He discussed origin of homoeopathy, organon of medicine etc. he proclaimed that homoeopathy has its roots in India. The entire philosophical concepts on which homoeopathy is based are of Indian origin. They have its roots in Indian Philosophy. Then he has discussed in detail about the vaccination with modern medicines & its effects on human beings. He has discussed about Tuberculosis in this aspect. He has also discussed about vaccination with homoeopathic medicines & views of Stalwarts of homoeopathy on this aspect.

Then he discussed about incidence of cardiac diseases & how Indians are most vulnerable for these diseases, he has also discussed about the most vulnerable age groups also. He has discussed about the dietary patterns, Dietary habits of Indians & that of the rest of the world. He has emphasized the importance of homemade food & natural food in prevention of cardiac diseases. He has discussed about his unique concept of Blood group diet. The first session completed at 1 pm.

Post Lunch second session began at 2 pm. In this session Dr. Chimthanwala discussed about his practical experiences with homoeopathy in field of cardiology. He has discussed many of his cases in this session. He has also discussed about various clinical trials conducted by him & His team with homoeopathic medicines & its correlation with modern medicines. He discussed the efficacy of Allium sativa & veratrum Viridi as antihypertensive drugs. He has also recommendeduse of the ESRA protocol for treatment of Angina Pectoris. He

has emphasized the importance of asking causative modality for onset of chest pain. He has stated that selecting the similimum is not the correct prescription but selecting the similimum in correct potency & correct dose is the correct prescription. He has also stated that practicing with homoeopathic medicines is not homoeopathy but practicing on the principals of homoeopathy is homoeopathy. In this way the second session finished on 5 pm, the delegates had a round photo session with the speaker, then they had some snacks, the certificates were distributed & all of them left for their respective destinations.

Report Prepared by: Dr. Pathak A.P.